

Press Release

22 Jan 2016

New resources to help young people make transition to adult services

The Queen's Nursing Institute has just announced the start of a new project, which will focus on enabling community nurses to support young people with long term conditions through the transition from paediatric to adult healthcare services.

Queen's Nurse Candice Pellett OBE will lead this two year project, funded by the Burdett Trust for Nursing.

Making the transition from a structured and supportive paediatric environment to adult services can be a bewildering and distressing experience for young people. There is currently a limited evidence base around the importance and risks of this transition period, particularly in primary and community care, where the majority of the healthcare takes place.

The project therefore seeks to deliver a comprehensive programme to support community nurses in their uniquely important role in this area. The project will scope the needs of primary and community nurses and decide on the most appropriate resources and learning materials for them. It will also develop and test a transition of care pathway, to identify the best approaches to supporting young people.

Ms Pellett commented: 'The project has really struck a chord with colleagues that I have met, mostly from a professional perspective but sometimes from personal experience of being a patient. Nurses have a pivotal role to play in supporting young people to transition smoothly between paediatric and adult services, and this new project will enable them to do this more effectively. During the first phase of the project we will be circulating a questionnaire to collect nurses' views and experiences. We will also be arranging focus groups in several regional areas over the coming months.'

If you would like to be involved please email Candice.Pellett@qni.org.uk or call her on 020 7549 1402.

-ENDS

Media Contacts:

Matthew Bradby, matthew.bradby@qni.org.uk
Marketing and Communications Manager
020 7549 1407
07985 169471

