

QNI NEWS



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The QNI has had an excellent start to the new year with the release of the report: 'General Practice Nursing in the 21st Century: a time of opportunity'. The report has been exceptionally well received; it has raised the profile of nurses working in general practice and has provided the evidence required for the QNI's work on influencing policy.

The report was named 'a time of opportunity' because this truly is the moment for all nurses working in primary care to be recognized for the enormous contribution they make. However, greater recognition of the outcomes of their work is required alongside investment in the existing workforce and developing the next generation of practice nurses. Alongside the report, we also released the latest in our series of online 'Transition' resources, for nurses moving into general practice nurse positions. A fourth transition resource will be added in the early part of this year for those moving to work in homeless health services.

As we look into the next year, the QNI will focus its work as always on supporting nurses to deliver best practice in the community and primary care. This includes a project, funded by Health Education England, to explore innovations in student nurse placements in community and primary care settings, and a project funded by the Burdett Trust for Nursing to identify best practice in supporting the transition of teenagers from child to adult nursing services in the community.

Our work could not be done without the support of the Queen's Nurses, the ambassadors of the QNI and exemplars of excellence in community and primary care nursing. I am extremely grateful for the funding received each year from the National Gardens Scheme, which allows the QNI to support Queen's Nurses to develop their practice and provide patients, families and carers with the best possible care.

Next year, the QNI will celebrate its 130th anniversary. We are planning some special activities to commemorate this important milestone, and we hope that you will join us in celebrating the pleasure and the privilege of nursing patients and supporting families in their own homes and communities.

Congratulations

Many congratulations to the following nurses who received New Year's Honours:

- Professor Viv Bennett CBE, Chief Nurse, Public Health England and QNI Fellow, for services to nursing.
- Queen's Nurse Carol Ann Stonham MBE, Senior Nurse Practitioner, Minchinhampton GP Surgery, Gloucestershire, for services to nursing (around respiratory care).
- Professor Karen Anne Luker CBE, Lately Dean, School of Nursing, Midwifery and Social Work, University of Manchester and QNI Fellow, for services to nursing and midwifery.
- Avril Mary Devaney MBE, Director of Nursing, Cheshire and Wirral Partnership NHS Foundation Trust and former FFI Award Winner, for services to nursing of people with mental health problems.

Staff news

- We are delighted that the trustees have agreed to support a further nine months of the Junior Policy Officer role, which means Chloe McCallum will remain at the QNI until September 2016.
- Charli Bevan, the part-time Digital Engagement Officer has been appointed to the post of Administrator for the new Community Nurse Senior Leaders Network, a new network which will commence in February as part of the ongoing development of the QNI. This is a part time post with a fixed term of 2 years
- We are currently advertising the Homeless Health Administrator role as the current Administrator, Lauren McKnight, will be going on maternity leave in February.

General Practice Nursing in the 21st Century launch



multiple and complex healthcare needs. The number of nurses planning to retire should be of major concern and we need to ensure that enough nurses are attracted to the profession, so that patients can continue to receive high quality nursing care for themselves and their families when they attend the GP's surgery.'

Headline findings of the survey:

Workforce

- 33.4% of General Practice Nurses are due to retire by 2020
- Men are under-represented, comprising only 2.0% of the General Practice Nurse workforce
- 43.1% did not feel their nursing team has the right number of appropriately qualified and trained staff to meet the needs of patients
- At the time of the survey, 78.8% had considered preparation for NMC re-validation

Education

- 53.0% reported that their employer always supports their professional development
- 10.6% hold an NMC recordable specialist practice qualification in General Practice Nursing
- 32.6% of General Practice Nurses are independent prescribers
- Just 27.0% of the employers offered placements for pre-registration nursing students, compared to 61.5% offering placements to medical students



In January, The QNI launched a major new report on the General Practice Nursing profession. The report is based on an online survey completed by over 3400 General Practice Nurses (GPNs) during 2015.

The report, 'General Practice Nursing in the 21st Century: A Time of Opportunity' summaries some of the key challenges affecting the profession today. It is the largest and most up to date survey of GPNs, and the first carried out by the QNI.

Dr Crystal Oldman, QNI Chief Executive said, 'This survey validates the role of the General Practice Nurse and the support provided by nurses in General Practice at every point during a person's life, from infancy, childhood, adolescence and adulthood, to middle and older age. They are a vital part of the healthcare system in every part of the UK. The findings of the survey indicate some major challenges and opportunities which need to be addressed. The role of nurses in General Practice is expanding rapidly, and many of today's nurses are now undertaking roles traditionally the reserve of GPs. There is a huge opportunity for increased investment in the General Practice Nurse workforce, to build the capacity of primary care, move more care to the community and closer to people's own homes, and ease the pressures on A&E.

'The survey findings will be useful to policy makers and workforce planners as they explore new models of care and meet the challenges of an older population with

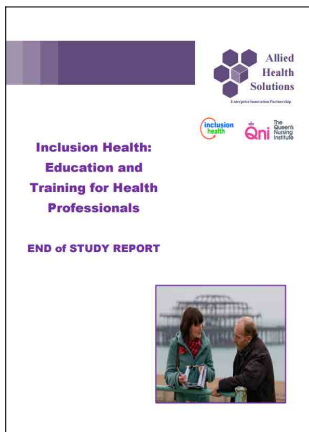
Employment

- 22.8% of nurses working in General Practice have two jobs
- 32.6% of General Practice Nurses reported working evening sessions (after 6pm) and 18.5% work weekends
- Over 38.3% indicated that they undertook visits to patients at home
- Only 35% felt that their salary reflected their role within the practice
- Salary and other terms and conditions such as annual leave entitlement vary widely

The QNI is developing a range of resources to support nurses working in General Practice. We have launched a free online learning resource to support nurses who are new to General Practice, 'Transition to General Practice Nursing' based on the knowledge and expertise of nurses and educators working in the profession.

During 2016 the charity will also work with QNI Scotland to produce new Voluntary Standards for General Practice Nurse Education and Practice, which will enhance the existing Nursing and Midwifery Council specialist practice standards for General Practice Nursing.

New report suggests greater emphasis on Inclusion Health needed in Health Education



A new report, 'Inclusion Health: Education and Training for Health Professionals' funded by the Department of Health and commissioned by the former National Inclusion Health Board, has just been published.

The report reviews:

- the skills, awareness and knowledge of health professionals to support vulnerable groups
- the barriers to health and care services faced by these groups
- the current professional guidance on Inclusion Health issues
- the commitment of education providers to include Inclusion Health issues in training.

This comprehensive report is the output of a 12 month, Department of Health funded, study into the education and training that healthcare professionals need and receive about Inclusion Health, to enable them to work effectively with vulnerable people.

The study focussed on five socially excluded groups: people who are homeless, Gypsies and Travellers, Roma, sex workers and vulnerable migrants. It concentrated primarily on the situation in England to inform the National Health Inclusion programme, although it includes important information from all of the devolved administrations.

The report will be of interest to policy makers, regulatory and professional bodies, education sector, public sector service providers that support patients from socially excluded groups, and the third sector.

Dr Crystal Oldman, ONI Chief Executive commented, 'The ONI welcomes this report, which will be very helpful to

nursing educators and employers who wish to enhance the capacity of community nurses to give high quality healthcare to the most vulnerable people in society. Over 100 members of the ONI's Homeless Health Network were able to provide expert input to the report, sharing their knowledge and experience from front line care.'

Professor Mary Lovegrove OBE, one of the report's authors commented, 'The study found that Inclusion Health is an area that is generally underdeveloped and the guidance provided to professionals and education providers varies enormously. However, examples of good practice were found, including those provided by the Nursing and Midwifery Council; the Royal College of General Practitioners and the Royal College of Nursing.'

'There is a sizeable gap between what the workforce needs to know, the skills they need to be able to demonstrate, and the specialist education and training required to ensure they are well-qualified to provide high quality care for these vulnerable groups. Much of the existing education and training addresses only the health risks and healthcare needs of people who are homeless and make the assumption that needs of this vulnerable group are readily transferable to the other four groups. The case studies highlighted this is not true in practice. Much of the experience gained to work with these groups of patients is through 'learning on the job' rather than formalised specialist training placements in these communities. The voluntary sector currently has a major role in developing and supporting healthcare professionals to work with these five socially excluded groups.'

Higher Education Institutions need to ensure that they have sufficient staff with the appropriate knowledge and skills to support the Inclusion Health agenda. They should strengthen their links with organisations that support socially excluded groups, to enable a greater number of students to gain experience working alongside specialist practitioners, socially excluded service users and their carers.'

Have your say: Consultation opens on a new support role for nursing

Health Education England (HEE) has launched a consultation asking for peoples' views on the scope and design of a new role for nursing. The new role is designed to provide a route to nursing for those who want to become a registered nurse and will work alongside health care support workers and fully-qualified nurses.

The consultation is open to anyone who uses or works in health and social care and closes at midnight on 11 March. Further information and details on how to take part can be found at the HEE website, www.hee.nhs.uk/our-work/developing-our-workforce/nursing/have-your-say-new-support-role-nursing

Queen's Nurse News

- Ruth Oshikanlu, a Health Visitor and Fellow of the Institute of Health Visiting is the new Babycare Expert blogger for Nursing in Practice. Please follow the links below for the introductory blog and Meningitis B vaccination: www.nursinginpractice.com/baby-care-resource-centre www.nursinginpractice.com/article/blog-meningitis-b---get-parents-ready-updated-immunisation-schedule. Also congratulations to Ruth for being listed as a NursingTimes 2015 Inspirational Leader.
- Vanessa Hurley, Acute Care Learning Disability Liaison Nurse Team Leader and Dementia Ambassador Glenn Madely presented at the Exeter Community Hospital Annual General Meeting. Vanessa talked about the QNI and the increase in the number of Queen's Nurses.
- Jane Cummings, Chief Nursing Officer for England, spent a day with Queen's Nurse Debbie Quinn. Debbie is the Head of Professional Practice for Northamptonshire Healthcare NHS foundation. Jane spent time with Debbie to understand the role of a Nurse Specialist working in the Community setting.
- Congratulations to Sharin Baldwin, a Health Visiting Clinical Academic Lead for successfully achieving an NIHR Clinical Doctoral Fellowship.
- Mags Dowie, a Community Matron, has been busy supporting coffee afternoons for carers of people with dementia. The events were held in October and November 2015 and the feedback was very positive.
- Carole Roberson, Lead for Corporate Nursing (Community services) at Worcestershire Health and Care NHS Trust, delivered a presentation at the Westminster Briefing on the Future of District Nursing and was part of the panel alongside Dr Crystal Oldman, QNI Chief Executive. The title of the presentation was 'The future of district nursing: meeting the rising demand'
- Sue Nightingale is a Senior Practice Nurse Prescriber in West Midlands. Sue has spoken to Nursing Times about receiving the QN title. To read the full interview please visit www.nursingtimes.net/break-time/role-models/nursing-is-a-privilege/7000762.article
- Congratulations to Keith Sykes, Team Leader, for being elected Public Governor of Nottinghamshire NHS Trust. Keith also plans do some voluntary Mental Health awareness training for a school in Tanzania this year.
- Congratulations to Mandy McKendry, a Clinical Lead Nurse in Oxfordshire, for completing the Older Persons Nurse Fellowship at Kings College. As part of that course, she completed a quality improvement titled 'improving the personalisation of care for patients in a district nursing team'. This had positive results for staff and patients.
- Lisa Murray, a Community Sister from Hyndburn, along with over 75 specialist care nurses, arranged for Christmas presents to be donated and delivered to elderly residents. It was hugely successful with over 2500 gifts being delivered. To read the full story please visit <http://theqni.tumblr.com/post/137339687086/queens-nurse-spreads-christmas-joy-to-elderly>

Frogmore Gardens open for Queen's Nurses



This year is the 70th anniversary that the private royal garden of Frogmore House in Windsor has been opened to the public, by kind permission of our Patron, HM The Queen, in aid of The National Gardens Scheme (NGS). To celebrate this, we have 70 places for Queen's Nurses to attend on Tuesday 7th June 2016. The tickets are FREE (normally £6.20) and will include strawberries and cream. QNI chief executive Dr Crystal Oldman will be attending, and we hope to have a guided tour from the Head Gardener. We will aim to meet around 12 pm on the day. The NGS has been a major beneficiary of the QNI since 1927 and its donation entirely supports the Queen's Nurse programme. The event is a unique opportunity to celebrate the work of the two charities, and to meet other Queen's Nurses.

If you would like to attend the opening, please note that the QNI is covering the cost of up to 70 tickets. We anticipate a huge demand for our Queen's Nurses for this auspicious occasion, so please do book early to avoid disappointment. Email farida.barlas@qni.org.uk before Monday 4 April 2016. Tickets will be posted to you before the event.

More information about Frogmore can be found on the NGS website at: <http://www.ngs.org.uk/gardens/find-a-garden/Garden.aspx?id=3034> .

QNI Projects IN ACTION

A community nurse-led central venous access device (CVAD) clinic
Nurse lead: Andrea Beeks, Belfast



In Northern Ireland, 11,700 people were diagnosed with cancer in 2010 and 1755 patients had a PICC/Hickman line inserted for chemotherapy administration. Patients who have a CVAD - a central venous access device through which drugs are given directly into the bloodstream - have serious illnesses and many have to travel long distances to a hospital or cancer centre to have their lines managed. This can cause stress on both patients and carers. Many patients have central lines for receiving chemotherapy, making them very lethargic and nauseated; this is made worse when travel is involved. The development of local clinics would allow patients to be treated near their own home by familiar staff. Providing a convenient and accessible local service will reduce emotional and physical stress to patients and carers and bring care closer to home. The aim of this QNI project was to set up a nurse-led community clinic for patients who have a CVAD.

Case study

'Mary' is a 38 year old primary school teacher, living with her husband Peter and baby son. During her pregnancy, Mary noticed a small lump on her neck but was advised not to worry by her obstetrician. It wasn't until giving birth and much persuasion on her part that she had a lump biopsy done. The lump turned out to be a Grade 2 Hodgkins lymphoma. Mary was started on a high dose chemotherapy regime in the Cancer Treatment Unit 36 miles away. The project team suggested that Mary attend the CVAD clinic. Initially Mary was uncertain about leaving her small child so she was keen to know that attending the clinic would reduce her visits to hospital.

Mary attended the clinic on 18 occasions. Initially, she was very anxious to get home but gradually her anxiety lessened. She was able to stay in Castlewellan to do a bit of shopping and even meet a friend for lunch. Mary's visits to the clinic ended in July 2011. To this day Mary still keeps in contact with the district nursing staff. She completed her treatment and is now in remission. On her final visit Mary was asked how the CVAD service could be improved. She replied, "The only way I can think of, is to ensure that this service continues to be available to as many people as possible".

QNI Trustee, John Palmer, dies



We are very saddened that one of our most long-standing trustees, John Palmer, died last month following a short illness.

John had been an enduring supporter and a Trustee of the QNI for more than 20 years. He stepped down as a Trustee in September 2015 due to ill health but still kept in touch with the QNI during his illness, demonstrating his outstanding commitment to the work of the QNI. A former headmaster, he was also for 12 years Chief Executive of a national charity providing audio books for visually impaired people. The QNI benefitted enormously from his deep understanding of the charitable sector and his insight into both education and policy influence.

The QNI's Chief Executive, Dr Crystal Oldman said, 'I will always remember John as a perfect gentleman with a huge commitment and most valuable contribution to the work of the QNI, a warm smile and a great sense of humour. He will be greatly missed.'

Financial assistance

Did you know the QNI offers financial and personal assistance to community nurses in need? Last year we helped over 100 nurses in financial need. If you, or a community nurse you know is in difficulties because of ill health or life trauma, do let them know about us.

Recently we were able to help 30 nurses working in the community affected by the floods in Cumbria. For more information and to see how to apply please go to www.qni.org.uk/for_nurses/financial_and_personal_assistance, contact Joanne Moorby on 0207 549 1405, or email joanne.moorby@qni.org.uk.

Homeless Health Conference tickets available



Friday 17 June 2016, London

Join the QNI at a national conference for community nurses focused on inclusion health. Hear from expert speakers about improving the health of people at most risk of health inequity, about creative and different solutions to meet current challenges, and at supporting people throughout their lives.

Confirmed speakers include:

- Dr Crystal Oldman, Chief Executive, The QNI
- Duncan Selbie, Chief Executive, Public Health England
- Lord Victor Adebowale, Co-chair APPG Dual Diagnosis and Complex Needs
- Eamonn O'Moore, Director of Health and Justice, Public Health England
- Dorcas Gwata, Clinical Nurse Specialist, Westminster Integrated Gangs Unit
- Dr Owen Bowden-Jones, Consultant in Addiction Psychiatry, Club Drug Clinic
- Dr Caroline Shulman, GP- Homeless and Inclusion Health, King's Health Partners
- Dr Margaret Greenfields, Institute of Diversity Research, Buckinghamshire New University
- National Youth Reference Group (St Basil's homelessness charity)

The early bird delegate rate is available until the 29th February 2016 and tickets can be booked at www.eventbrite.co.uk/e/nursing-for-all-qni-homeless-health-conference-2016-tickets-19616527562

Sponsorship and exhibition opportunities are available at the event.

If you would like to find out more, please contact Farida Barlas at farida.barlas@qni.org.uk or on 020 7549 1407.

Supporting the QNI

Snowdrop Festival



The National Gardens Scheme's first ever Snowdrop Festival will kick-start Visit England's 'Year of the English Garden 2016' campaign.

More than one hundred NGS gardens across England and Wales will open through February, giving visitors the opportunity to see veritable carpets of beautiful snowdrops and watch Spring slowly unfurl from Winter. Perfect for families, romantic days out, or taking a quiet moment to reconnect with yourself.

To find an open garden near you, please go to <http://ngs.org.uk/gardens/snowdrop-festival-2016.aspx#resultsbookmark>



Fundraising at no cost to you

This is a fantastic opportunity to raise money for the QNI 'just by shopping online'! Retailers will donate a percentage of every sale to The QNI. This doesn't make any difference to the price you pay.

Simply visit the Easyfundraising website at www.easyfundraising.org.uk and register The Queen's Nursing Institute as your charity of choice. You can then follow the links to all your favourite stores and a percentage of the money you spend will be donated to the charity.

Thank you for your support!

The Philip Goodeve-Docker Memorial Prize



Angela Robinson-Graham (2015)



Jane Venable (2015)



Gulafroz Shaikh (2015)

The Philip Goodeve-Docker Award is an educational prize offered to the top performing student of the District Nursing programme in every university in England, Wales and Northern Ireland.

Each university is invited to nominate a District Nurse student who has demonstrated the most outstanding achievement on their programme. The prize of £50 and a certificate from the QNI, is to be presented to the

successful student, alongside their academic award at the university graduation ceremony.

Recipients of the prize are encouraged to develop future links with the QNI and take advantage of the range of support the charity offers to community nurses throughout their careers.

The award was created in the memory of Philip Goodeve-Docker, an events manager from London, who in April 2013, together with two colleagues, set out to cross the Greenland ice sheet. The 700km trip is one of the great polar challenges. Philip had chosen to raise funds for The QNI. The team set off on 26 April, but became trapped in a sudden and very severe polar storm. Tragically, shortly before rescue could arrive on the morning of 28 April 2013, Philip passed away. His two colleagues were airlifted to safety, but suffered frostbite during their ordeal. Philip's link to the QNI originally comes from his Grandfather, Patrick Pirie-Gordon, who was a Trustee and Treasurer of the QNI for thirty years, and who helped the charity through some of its most difficult years. He was also Treasurer and Vice-President of the Royal Geographical Society, helping to fund polar exploration and having a glacier named after him. This award has been created in Philip's memory and with the approval of his family, to offer an annual prize to the most outstanding student of the District Nursing programme in every university in the UK.

To find out more, or to nominate a student, please visit http://qni.org.uk/for_nurses/awards_for_nurses/philip_goodeve_docker_memorial_prize.

'This student has consistently produced outstanding academic work which has surpassed her and our expectations. Although she has undertaken her programme at degree level, her work is of Masters standard. In addition, she displays great tenacity and courage in embracing the challenges and opportunities involved in district nursing practice development.' Quote from a nominator

The Long Standing Service Award



As part of the celebrations for the 150th anniversary of District Nursing (in 2009) the QNI Long Service Award was made available to long-serving District Nurses to acknowledge the contribution they make to community nursing and patient care. It is now available to all community nurses across all specialities who completed 21 years of service.

There are no application deadlines, as this is a rolling programme.

To apply, please go to http://qni.org.uk/for_nurses/awards_for_nurses/long_service_award

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