

**CAROLINE ELLIS**  
**MEMORY ASSESSMENT NURSE**  
**QUEENS NURSE.**



S.T.E.M.S

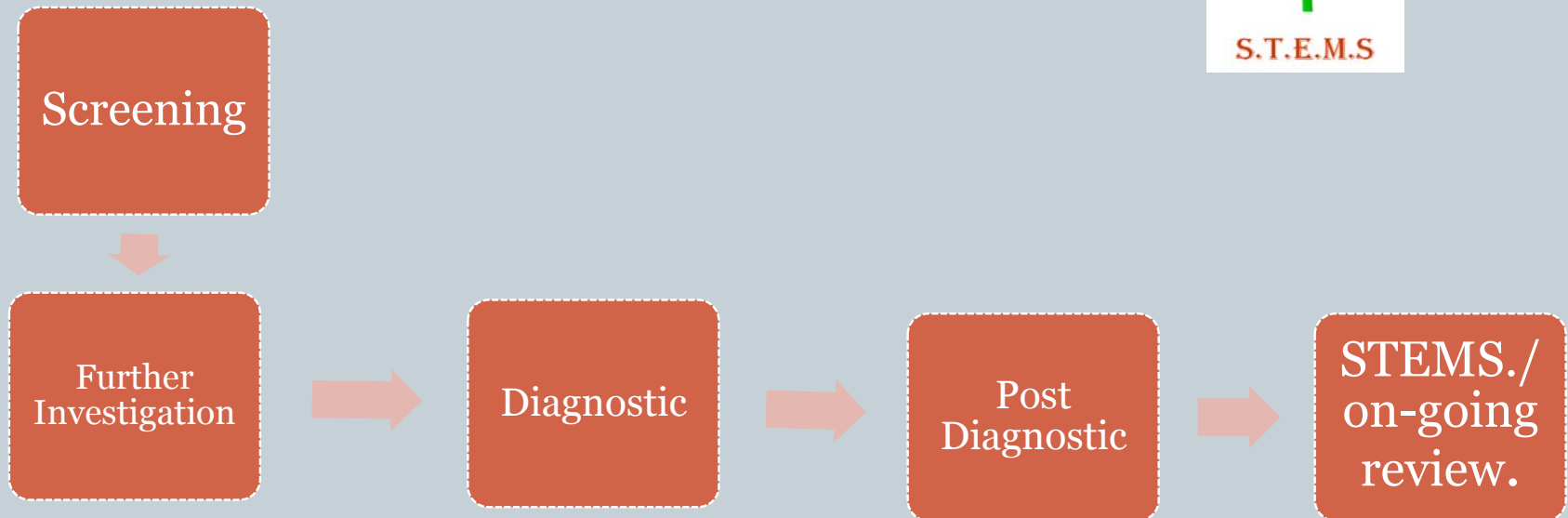


Working Together to  
Support Dementia: The  
**STEMS** Model

# Summary of the Memory Assessment Care Pathway.



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## WHAT IS THE STEMS MODEL?



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# Support Talks and Educational Memory Sessions

# Some of the organisations involved

Cornwall Partnership  
NHS Foundation Trust



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- **Memory Service Team.**
- **Age UK**
- **Alzheimer's Society**
- **Cornwall Fire and Rescue Service**
- **Cornwall Mobility Centre**
- **Occupational Therapy.**
- **Local Memory Cafes**
- **Local church communities.**
- **Local care agencies**
- **Research Team**
- **Carer Support Services,**
- **Sensory Trust**
- **Memory Matters**
- **Devon and Cornwall Police Crime Prevention Advisor.**
- **Local farm dementia support services**



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# PATIENTS AND CARERS CONCERNS



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WHAT NOW?

What help is there?

ISOLATED

CONFUSED

HELPLESS

I FEEL LOST



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**Every five years  
after the age of 65 the risk of  
developing dementia doubles**



**EVERY 4 SECONDS**  
someone in the  
world develops  
dementia

**The diagnosis rate in  
England was 69.5% in  
April 2017.**

- **There are approximately 700,000 informal carers caring for their loved ones with dementia, this is expected to rise to 1.7 million by 2050**

**68% of people feel  
isolated following a  
diagnosis of  
dementia**



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- A recent independent study by the [Rural England](#) Community Interest Company confirmed that older people form a disproportionate share of the overall rural population.
- This will become more marked over time, since the government's own statistics show that the ageing of the population is due to happen faster in rural than in urban areas..



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A study by Plymouth University focused on farming families, and its impact on their businesses and home lives. Identified some areas of concern if dementia in the countryside is to be managed.

Some areas of concern identified by the study were:

The farm environment;

A reluctance to ask for help;

Lack of support services.





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## Rural dementia study-We need to talk

- This year-long study was undertaken by [Dr Claire Kelly](#) and [Dr Richard Yarwood](#) from the School of Geography, Earth and Environmental Sciences at Plymouth University.
- Supported by [Ian Sherriff](#), Academic Partnership Lead for Dementia at the University and Chair of the Prime Minister's Rural Dementia Friendly Task and Finish Group.



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## **Why do people not engage with services when living in rural communities.**

The cost in time and money of taking people to and from appointments can be particularly difficult, especially in remote rural areas.

Families run their own business and do not have the resources themselves to travel and take time away from their own work.

Families unaware how to access help.

# Living with dementia in a rural community.



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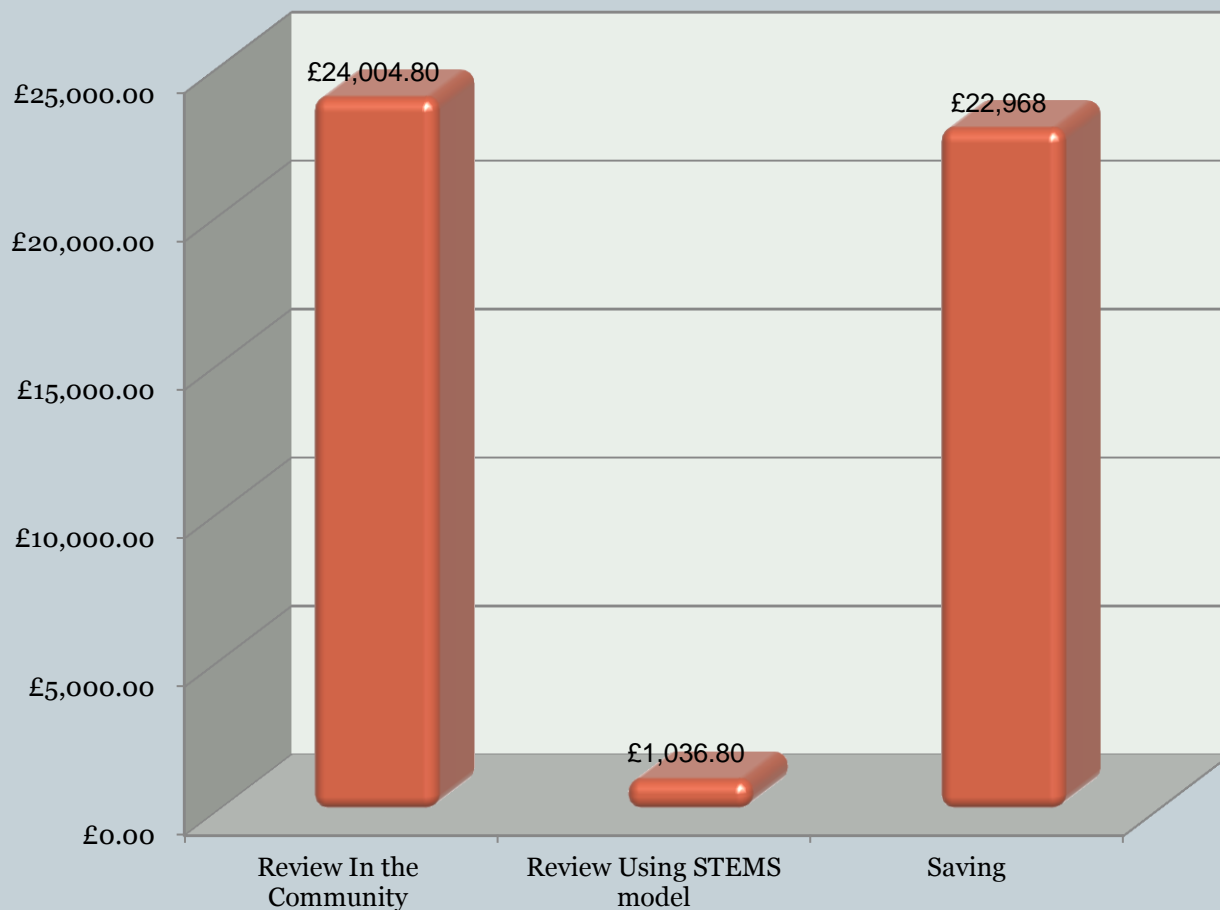


# STEMS



- Provides a holistic access point to gather excellent quality information and awareness of provision of services including the voluntary services in one setting.
- Increased education and awareness of provision of services in the local community.
- peer support for carers. Providing practical and emotional support, reduce social isolation and promote self-help.
- Provides information about Dementia Research and how to get involved.
- Provides continuity of care and support for people with dementia and their family.
- Provides on-going monitoring and evaluation.

A recent audit in March 2016 has highlighted the STEMS model has saved nearly £23,000 per year.



■ Total Cost for Caseload (360 Patients)



# Stems in Action.



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# STEMS



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pictures of STEMS in action.





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# STEMS IN ACTION!

Cornwall Partnership  
NHS Foundation Trust



*“Very glad we came”*

*“This has been very helpful to me”*



*“Please keep going!!”*

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# FUTURE OF STEMS.



**STEMS** has proven to be a success. Excellent feedback from patients, carers, family members and professionals.

Working collaboratively with other agencies and organisations has improved working relationships. This can only mean patients are provided with informative up to date information. There has been an increase in the number of referrals to all agencies involved.

## The future.....

- **STEMS** to become nationally recognised.

Working together to support dementia.

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Florence Nightingale



So never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard-seed germinates and roots itself.

AZ QUOTES



S.T.E.M.S



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ANY QUESTIONS?



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Thank-you for  
listening.



Any questions?  
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