

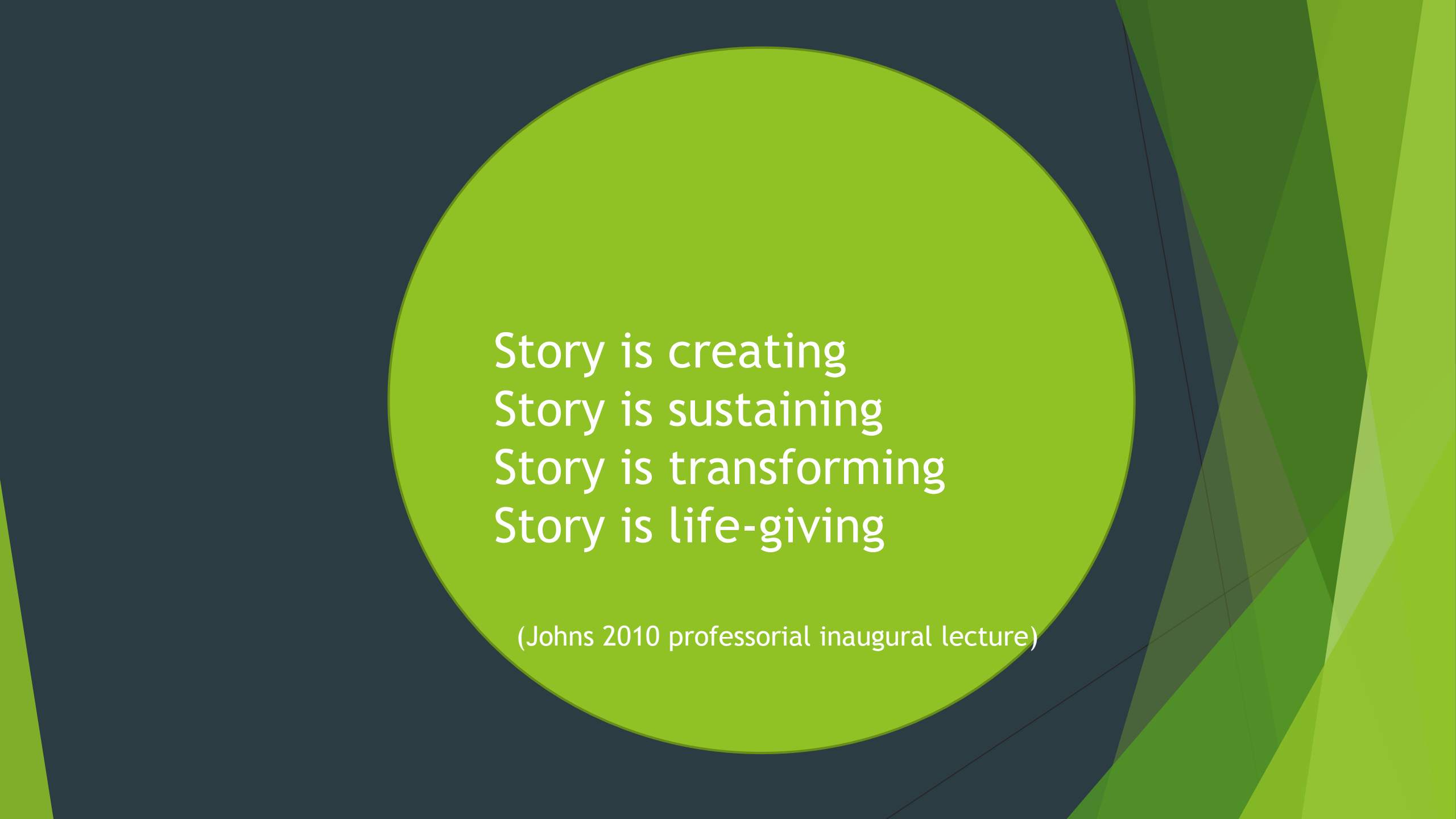
# Story Telling & Trauma

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# Welcome

- ▶ Our aim is to use story to illuminate trauma, both in those we care for and those of us who care.



Story is creating  
Story is sustaining  
Story is transforming  
Story is life-giving

(Johns 2010 professorial inaugural lecture)

Stories, in some ways, create themselves ...  
the time will come when we realise that stories  
choose us to bring them into being  
for the profound needs of humankind

(Okri, 1997, p46)

# Jane's Story

Dear You

# Jan's Story

Bandaging Wounds

My Journey with John

# Who am I?

Prose by Jan Keauffling

Photography by Nik Roche

# How did the stories make you feel?

Did they 'draw you in' to:

- ▶ effectively illuminate the **trauma** of the people involved?
- ▶ illuminate the **suffering** of the person in an holistic way? and/or **skills required** in the situation?



# Method

## The Six Dialogical Movements

(Johns, 2009)

[First developed by Johns, (Palliative care nursing)

Jarrett (Physical disability nurse)

Fordham (Health and homelessness)

Foster (Psychiatric nurse)

Graham (Nurse lecturer)]

## Method

### Six Dialogical Movements [1-3] (Johns, 2009)

1. Dialogue with self. Write a story from practice in your journal, detailing experiences  
(Authenticity)
2. Dialogue with the story as an objective and disciplined process to gain tentative insights  
(Systematic reflection)
3. Dialogue with wider literature sources to position tentative insights (Construct validity)

# Six Dialogical Movements [4-6]

4. Dialogue with others/reflective guides to deepen insights (**Face validity**)
5. Dialogue with the emerging text to weave the narrative into a coherent whole (**Rhizomatic validity; face validity**)
6. Dialogue between the narrative and others facilitating social actions to inform a wider audience (**Performance validity**)

# Ethics

- ▶ Duty of care to mask the identity of others mentioned in reflections (Do no harm/confidentiality)
- ▶ Self inquiry is an authentic process of understanding practice (Autonomy and Beneficence)
- ▶ Self inquiry leads to positive outcomes for practitioners and others (Beneficence)
- ▶ Emphasis on utilitarianism - some risk can be tolerated in terms of the greater good (The area of consent)

(Johns, 2002; Fay, 1987)

Stories have to be told or they die  
and when they die,  
we can't remember who we are  
or why we're here

Sue Monk Kidd,  
The Secret Life of Bees

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