



LWS NIGHT SHELTER

Susan Rutherford

FY1 Doctor/Director LWS Night Shelter

Royal Leamington Spa



Royal Leamington Spa happiest place to live in Britain, survey reveals

Royal Leamington Spa happiest place to live in Britain, survey reveals



by Vicky Shaw

Published October 11, 2017

- Population 55,733 (London 8.136m, Manchester 510,746)
- 77.18% white British
- Scored highly for friendly neighbours, a sense of belonging, a place where locals feel they can be themselves and good access to green spaces
- Very first lawn tennis club in England was formed in Leamington
- Princess Victoria spent her first overnight stay in a public building in Leamington.



Royal Leamington Spa



Home > News > UK > Fake beggars swindling up to £200-A-DAY from locals in Britain's happiest

Fake beggars swindling up to £200-A-DAY from locals in Britain's happiest

FAKE beggars are flocking to a £200-a-day swindling cash from

PUBLISHED: 15:05, Fri, Mar 30, 2018

SHARE



Beggars are flocking to Royal Leamington Spa where some rough sleepers earn £200 a day

Getting drugs in Warwickshire is 'easier than ever' says recovering addict



Homeless beds cut by a quarter



PICTURES: Five arrested in Leamington drugs raid

Leamington Observer

NEWS SPORT LIFESTYLE SPONSORED EDITIONS DIRECTORY CONTACT

'Sofa surfing' - the hidden homeless problem in Coventry and Warwickshire



on flats



T SHELTER

Royal Leamington Spa

- Rough sleeper count 2017: **18**
- Homelessness applications in Warwick District 2016: 705
- 132% rise from 2009/10 (vs. 29% increase nationally)

Background



Our mission statement



“LWS Night Shelter is a not-for-profit organisation set up to provide food, shelter, and company for homeless and vulnerably-housed people in Leamington Spa and the surrounding area.”

LWS Statistics

Average **40-50** people come each night for food, company and/or sleep

- Average **15-20** sleeping each night
- Highest number sleeping **28** in Winter 2017/18



- Christmas 2017 – over 10 nights:
 - **73** unique guests
 - **372** meals served
 - **203** overnight stays
 - **16** slept on Christmas Eve
 - **14** visited on Christmas Day
 - **43** visited on New Year's Eve

Running the

- Entirely volunteer-run
- Supplies donated by locals



- Most food donated by local organisations
- Funding from grants and individuals

Running the shelter

- Open-door attitude
- Security and safety procedures
- Policies and rules
- First aid, accessing medical treatment



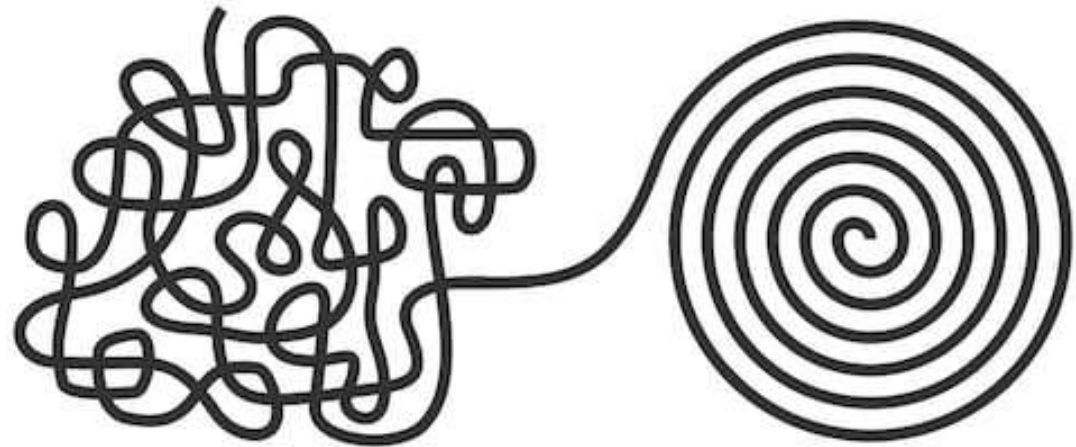
Challenges

- Being taken seriously(!)
- Having a job (or studying)
- Knowing your limits
- Working with other organisations and local community
- Challenges within shelter – rules, conflict, etc.



Learning points

- Work with the chaos
- Teamwork
- Delegation
- Breaking boundaries
- Building trust, continuity and stability



LOCAL SUPPORT - WHO?

LWS NIGHT SHELTER: PRIOR'S CLUB, JUST OFF CLEMENS ST, DOWN THE SIDE OF COFFEE BOX CAFÉ.

LEAMINGTON NIGHT SHELTER:
RADFORD ROAD CHURCH, LEAMINGTON SPA.

SALVATION ARMY WAY AHEAD PROJECT:
1A CHAPEL STREET, LEAMINGTON SPA

HELPING HANDS COMMUNITY PROJECT:
12 GLOUCESTER STREET LEAMINGTON SPA

LOCAL SUPPORT - WHAT AND WHEN?

LWS NIGHT SHELTER: FRIDAY AND SATURDAY FROM 7:30PM-10:30AM. FOOD, A PLACE TO SLEEP, TOILETRIES, CLOTHES AND OTHER SUPPLIES.

LEAMINGTON NIGHT SHELTER: WEDNESDAY AND SUNDAY FROM 9PM. FOOD, A PLACE TO SLEEP, CLOTHES, TOILETRIES, FOOD BANK VOUCHERS.

WAY AHEAD PROJECT: MONDAY, WEDNESDAY-SATURDAY 9:30AM-11AM. FOOD, ADVICE AND SUPPORT, SHOWERING AND LAUNDRY FACILITIES.

HELPING HANDS COMMUNITY PROJECT: MON-FRI 11.30AM-4PM. FOOD, ADVICE AND SUPPORT, CLOTHES, TOILETRIES, OTHER SUPPLIES.
SOUP KITCHEN: MONDAY 7-8PM; TUES&THURS 6-7PM.

WAY AHEAD AND HELPING HANDS PROVIDE OTHER SPECIFIC SERVICES NOT LISTED HERE. PLEASE ASK THESE ORGANISATIONS FOR MORE INFORMATION.

Health – some cases

- Stroke
- ?TB
- Leg ulcers
- Mental health, suicidal ideation
- Pneumonia
- Minor trauma



Health - Areas for improvement

- Walk-in centre
- Street outreach
- Education for health service staff
- Antenatal care
- Sexual health
- District nursing in hostels/temporary accommodation
- Counselling/talking therapies
- Dental care

The future

- Charitable status
- New building
- A career in homeless and inclusion healthcare?!



Advice

- Find a core of like-minded people
- Talk to pre-existing organisations
- Volunteer
- Talk to the service-users
- **Go for it!**



Contact



serutherford34@gmail.com
management@leamingtonws.org



www.leamingtonws.org



@srutherford92
@leamingtonws



@LWSNightShelter



@lwsnightshelter

