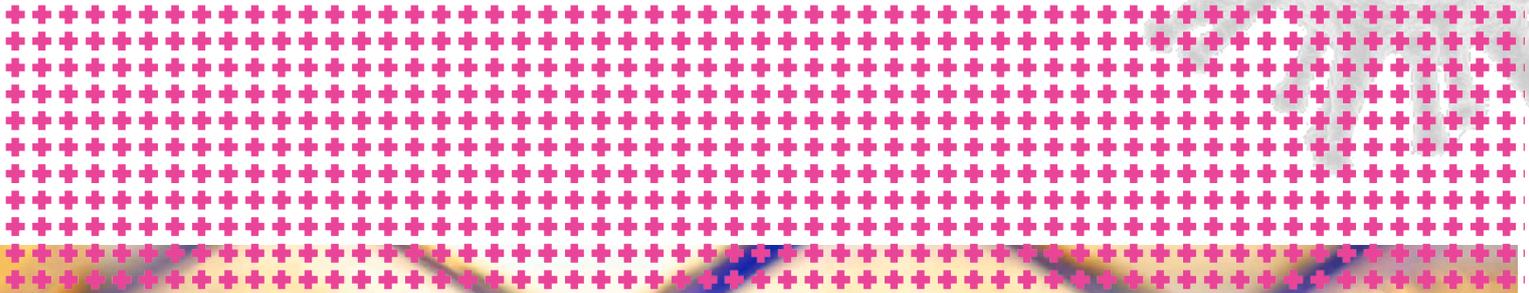
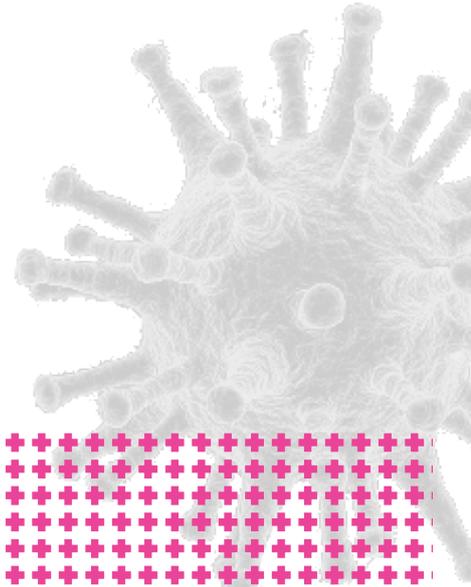


Learning from the Pandemic

Queen's Nurse Annual Meeting

Wednesday 12 May 2021 - via Zoom



Queen's Nurse Annual Meeting

Wednesday 12 May 2021



General Information

Zoom

Please make sure that you have the latest version of zoom (version 5.3.1) installed on your device.

For a video tutorial on how to do this, please go to: <https://support.zoom.us/hc/en-us/articles/201362233-Where-Do-I-Download-The-Latest-Version->

For log in details, please check your confirmation email.

If you have any queries on the day please contact the QNI mobile on: 07732 887 687 which will be monitored at all times.

Please note this is a meeting for Queen's Nurses only.

Hashtag for the Queen's Nurse Annual Meeting is: [#QNDay2021](#).

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Welcome



A very warm welcome to the 2021 'Queen's Nurse Day'. Unfortunately, due to the pandemic, we had to cancel 2020's Queen's Nurse Day', so it is wonderful to be able to welcome you back - albeit virtually.

We plan to provide you with updates on current issues in community nursing, with a focus on learning from the pandemic and to inspire you with examples of excellence and innovation in practice during this unprecedented time.

I am grateful to our speakers for giving their time to present to you today.

We are very excited to launch the exclusive premiere of our new film, 'Queen's Nurses and Call The Midwife in Conversation' - and are very grateful to the cast members of Call The Midwife staff who so generously gave of their time: Jenny Agutter, Stephen McGann, Fenella Woolgar and Annabelle Apsion as well as the #ExtraordinaryQNs who joined them: Kendra Schneller, Gail Goddard, Hattie Taylor and Steph Lawrence; what a stimulating conversation it was - we hope you enjoy it as much as we did!

We will also be hearing from Ronke Adejolu on adopting digitally enabled tools and solutions in the community as well as an update from England's Chief Nursing Officer, Ruth May on how nurses supported their communities during Covid-19.

After Ruth, I will have the opportunity to share with you the current NMC review of post registration community qualifications – SCPHN and SPQ – and how the QNI is encouraging and supporting you to respond to the NMC consultation.

Deborah Sturdy will join us to give the Margaret Olivia Heyes annual lecture on the future of care home nursing and we will also hear from Queen's Nurses and their inspiring case studies on how they've improved patient care during the pandemic.

After lunch, the QNI's very own Sam Dorney-Smith will be talking to us about Inclusion Health and we are delighted that George Plumtre will take the opportunity to launch the new NGS Elsie Wagg Scholarship.

My thanks to all Queen's Nurses; you give so much time and expertise to support the QNI and all that we represent: professionalism, leadership, innovation and learning – and above all, a clear focus on the work that needs to be done to enhance the care of individuals, their families and carers in their homes and communities.

I hope that you will return to your workplace tomorrow energized and inspired - having gained new knowledge and much inspiration from the day.

Dr Crystal Oldman CBE, Chief Executive



National Garden Scheme

The National Garden Scheme is the QNI's single biggest funder, supporting the QNI's Queen's Nurse programme and all 1400 Queen's Nurses. We enjoy a shared history as the NGS was created in 1927 at a QNI council meeting by Trustee, Elsie Wagg, who proposed it as a fundraising idea. Since then, the NGS has raised millions of pounds, not just for the QNI, but for other nursing and caring charities too.

To find out more and visit an open garden near you, go to www.ngs.org.uk. See page 7 for a new NGS/QNI scholarship.

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Agenda

The sessions are chaired by Dr Crystal Oldman CBE, Professor John Unsworth, and Professor Alison White.

- | | |
|---------|--|
| 9.55am | Registration via Zoom |
| 10.00am | Welcome and Introductions
Dr Crystal Oldman CBE, QN, RN, RHV, Chief Executive, QNI |
| 10.15am | Exclusive premiere of the 'Queen's Nurses and Call The Midwife in Conversation' film |
| 11am | Adopting and leveraging digitally enabled tools and solutions in the community - lessons from the pandemic
Ronke Adejolu RN, Associate CNIO - Community Nursing Digital Safety, NHSX |
| 11.45am | Break |
| 12pm | Nurses supporting their communities during the pandemic
Ruth May RN, Chief Nursing Officer for England, NHS England and NHS Improvement |
| 12.15pm | Responding to the NMC consultation on standards for SPQ and SCPHN
Dr Crystal Oldman CBE, RN, RHV, Chief Executive, QNI |
| 12.30pm | Margaret Olivia Heyes Annual Lecture: the future of care home nursing
Deborah Sturdy OBE, Chief Nurse Adult Social Care, DHSC, QNI Fellow |
| 1.30pm | Lunch break |
| 2pm | Case studies presented by Queen's Nurses
Chaired by Alison White BSc MSc PhD RN RHV Cert Ed Fellow of QNI, Emeritus Professor of Community Nursing, King's College London |
| 3pm | Break |
| 3.15pm | Reducing health inequalities - everyone's responsibility
Sam Dorney-Smith, RN (Adult) Homeless Health Programme Lead, QNI, Nursing Fellow, Pathway, Outreach Nurse, Doctors of the World, Specialist Practitioner (Practice Nursing) |
| 3.45pm | The NGS Elsie Wagg Scholarship
George Plumtre, Chief Executive, The National Garden Scheme |
| 4pm | Closing comments
Dr Crystal Oldman CBE, QN, RN, RHV, Chief Executive, QNI |
| 4.10pm | Close |

Times and programme subject to change without prior notice.

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Speaker biographies

Ronke Adejolu RN, Associate CNIO - Community Nursing Digital Safety, NHSX

Ronke Adejolu is a multifaceted experienced senior digital healthcare professional, a Nurse, with a background in health services management. She is currently the Associate Chief Nursing Information Officer - Community Nursing at NHSX. With 29 years of experience, she has an incredible portfolio of work, with her career spanning both operational and leadership roles across the NHS, Private Healthcare, AHSN, Management Consultancy and the Telecommunications sector.

Ronke has considerable diverse experience, brings a wealth of expertise, has led multiple and complex digital, IT, clinical and transformation change programmes across the health, social care and the private sector in the UK.

She is passionate about amplifying the collective voices of nurses, midwives and health professionals on the frontline to ensure they are always at the forefront, and play an active role in the design, implementation, adoption, transformation subsequent utilisation of usable, scalable and sustainable digital health technology and solutions.

She is an active member of the Shuri Network and regularly advocates the need to foster an inclusive and diverse culture that actively encourages and supports the active involvement and development of women in digital health technology, into senior digital health leadership roles. Ronke is a Topol Digital fellow on cohort 2 and on the DDON – cohort 4 programme.

Samantha Dorney-Smith, Nurse Project Lead supporting the QNI Homeless Health Programme

Sam is a Registered Nurse, Specialist Practitioner (Practice Nursing), and Nurse Prescriber. Having started her career in general medicine and A&E, she has been working with people experiencing homelessness since 2004. She previously led the Health Inclusion Team (a nurse outreach team working in hostels and day centres in Lambeth, Southwark and Lewisham), and more recently set up Pathway inpatient services for homeless people within Guys and St Thomas', Kings and the South London and Maudsley. She has had several journal articles published on the topic of homeless health, has sat on numerous homeless health related steering groups, and was previously seconded to the Department of Health as a homeless health lead.

Sam works one day a week as Nurse Project Lead for the QNI Homeless Health Programme, and 2 days a week as Nursing Fellow for the Pathway charity, focused on service improvement / development in inclusion health. She is also the current Secretary of the London Network of Nurses and Midwives Homelessness Group.

Ruth May, Chief Nursing Officer for England, NHS England/Improvement

Ruth enjoyed national appointments with NHS Improvement and Monitor as well as regional and Trust leadership roles before becoming the CNO for England in January 2019. As Regional Chief Nurse for the Midlands and East, she championed the 'Stop the Pressure' campaign; nearly halving the number of pressure ulcers in the region, improving care for patients, and delivering cost savings to the NHS.

Ruth is passionate about nurturing the next generation of NHS nursing, midwifery and AHP leaders, encouraging professional development opportunities and putting in place the optimal cultural conditions for all NHS employees to thrive. This includes advocating for improved mental health awareness, championing volunteer activity to support the frontline workforce and she is a vocal supporter of the WRES agenda and increased diversity across the NHS.

Proud mum to her wonderful daughter, Ruth is a great believer in a healthy professional and home life balance for all.

Dr Crystal Oldman CBE, QN, RN, RHV, Chief Executive, QNI

Dr Crystal Oldman CBE joined the QNI in November 2012 as Chief Executive. Crystal worked in the NHS for 18 years, the majority of which was in the field of community nursing, working with some of the most deprived communities in west London.

She has a passion for learning, teaching and research to support best practice and in 1994 joined Buckinghamshire New University as a senior lecturer, to develop a variety of community nursing programmes.

Crystal enjoyed an academic career for a further 18 years, completing her Higher Education career as Dean of Enterprise and Business Management in the Faculty of Society & Health, where her role included the development of partnerships with external agencies to promote research and assist in workforce development.

Crystal's interest in leadership and management inspired her doctoral studies into the knowledge, skills and attributes of middle managers and this research was completed in 2014.

She was awarded a CBE in the Queen's Birthday Honours List in 2017 for services to community nursing and her leadership of the QNI.

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Speaker biographies

George Plumptre, Chief Executive, The National Garden Scheme

George Plumptre has led the National Garden Scheme since 2010. The NGS was founded by the QNI in 1927 to raise funds for District Nurses. Today annual donations of the net income raised at gardens continues to be given to a group of nursing charities including the QNI. In 2019, £3 million was donated from funds raised at gardens.

Deborah Sturdy OBE, Chief Nurse Adult Social Care, DHSC

Deborah has worked with older people in both health and social care throughout her career in a number of roles including clinical practice, management and research. Deborah held the position of Nurse Advisor for Older People at the Department of Health. She holds two Visiting Chair's in Nursing at Manchester Metropolitan, and Bucks New University. She has published widely on issues relating to nursing older people.

She was awarded the OBE in the 2017 New Year Honours List for services to older people dementia care and nursing. She is the only nurse recipient of the British Geriatric Society Presidents Medal awarded in 2011. She was made a Fellow of the Queen's Nursing Institute in 2018 and a Fellow of the Royal College of Nursing in 2019.

Professor John Unsworth PhD, LL.M, MSc, BSc (Hons), BA, PGCE, NTF, PFHEA, QN, Professor of Nursing, Northumbria University, Chair of QNI Council, International Council of Nurses (ICN) Global Leadership Scholar

Professor John Unsworth holds a Chair in Nursing at Northumbria University. He has a background in community nursing practice, education, management and research.

Prior to his current post John has worked as the Head of Learning and Teaching, University of Sunderland, Head of Academic Development at the Higher Education Academy and as Director of Nursing Programmes at Northumbria University. He is an experienced NHS manager having been a Nurse Director in a rural Care Trust in Northern England prior to taking up posts in Higher Education. He has experience of workforce redesign in relation to developing the community nurses' role around admission avoidance. John is also an International Council of Nurses (ICN) Global Nursing Leadership Scholar 2020.

John has extensive experience of developing nursing, medical and higher education internationally having worked to develop teachers and practice in China, Thailand, Vietnam, Ghana, Bahrain, Hungary, Ukraine and Grenada (West Indies). John trained as a nurse in Sunderland and worked in a variety of acute ward settings before moving into district nursing. He completed his specialist practitioner qualification in district nursing in 1997 and he has worked in a variety of roles including district nursing, as a specialist nurse and nurse consultant. He has a PhD from Robert Gordon University which specifically examined the influence of health care organisations on innovation and development. John is an alumni of the QNI Innovation and Creative Practice Awards and is a Queen's Nurse.

Alison While BSc MSc PhD RN RHV Cert Ed Fellow of QNI, Emeritus Professor of Community Nursing, King's College London

Alison While is a Fellow of the QNI and Emeritus Professor of Community Nursing at King's College London where she was Professor of Community Nursing 1992-2014. She has an international research profile which has changed focus over the years to include child health services and nurse education and most recently long-term care and its relationship to health-care delivery with a particular interest in nursing contributions, the preparation for those roles, and the evaluation of interventions to improve the care of people with long-term needs. She has published widely in academic and professional journals and since 1997 has been consultant editor of the British Journal of Community Nursing.

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The NGS Elsie Wagg Scholarship

The QNI and the National Garden Scheme have announced the creation of a new scholarship programme for community nurses, the NGS Elsie Wagg Scholarship.



The scholarship will support five community nurses each year to undertake a project to improve patient care, connected with gardening and social prescribing. The scholarship is named after Elsie Wagg MBE, the QNI council member who originally had the idea to open gardens for charity, which led to the creation of the National Garden Scheme in 1927. The funds to support the programme represent part of Ms Wagg's estate transferred from the NGS to the QNI in 2018.

The new NGS Elsie Wagg Scholarship will be open to all nurses working in the community, with specific application criteria. It is proposed to award five scholarships per year, building a group of 25 Elsie Wagg Scholars by the NGS centenary year in 2027. The scholarship would be awarded to nurses submitting the best applications for projects that promote the health benefits of gardening and garden visiting among a group of people. It is anticipated that the scholarship will open for applications in late summer 2021 and the chosen projects will start in spring 2022.

All QNI projects are supported to reach measurable objectives, and to evaluate and report on their success in meeting those objectives. Elsie Wagg scholars would also be supported to write journal articles and give poster presentations at healthcare conferences. As such it is anticipated that the NGS Elsie Wagg Scholarships would, over time, contribute significantly to the evidence base around the value of gardens and gardening to the physical, mental and emotional health of individuals and communities.

The QNI and NGS will publish application criteria that will encourage applications that seek to improve people's physical, mental or emotional health, or a combination of these, for example:

- A General Practice Nurse working with colleagues and patients to create or improve a flower/herb garden at a GP Surgery;
- A Community Mental Health Nurse working with colleagues to support service users to access gardening and garden visiting as part of therapy;
- A Care Home Nurse working with residents and families to develop a sensory garden at a residential/nursing home and encouraging residents to participate in the planning and to share stories and memories about plants and gardens;

For more information, go to www.qni.org.uk.

The National Garden Scheme's Little Yellow Book of Gardens and Health

The National Garden Scheme is marking its annual Gardens and Health Week this May with the launch of comprehensive proof that gardens are good for you. Their interactive, digital booklet is packed with stories and case studies from garden owners, garden visitors and beneficiaries who have found solace and improved health and wellbeing by immersing themselves in nature.

In her foreword, National Garden Scheme Ambassador, Rachel de Thame says: "In a year like no other the confinement, the anxiety and, in some cases, real tragedy has shown just how important gardens are to everyone's physical health and mental wellbeing."

To read the booklet, go to <https://indd.adobe.com/view/24b2a665-4724-4adf-8c31-16a86355f6d9>

The Little Yellow Book of Gardens and Health



Gardens are good for you

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Case studies

Name	Job Title	Case Study Title
Jane Cook, QN	Macmillan Clinical Nurse Specialist	Enabling cancer patients to access online clinics and a virtual rehabilitation programme in Bath
Antonia Brown, QN	Digital Transformation Clinical Lead (Community Nursing)	A community nursing visit scheduling tool in Sussex
Rebecca Daniels, QN	Children's Community Matron	A new supportive online professional forum of CCNs for children returning to school with AGPs
Beverly Bostock, QN	ANP and Education Facilitator	The development of a Diabetes diary for people living with Diabetes in Gloucestershire
Ruth Oshikanlu, QN	Independent Health Visitor and Curator of Nurses & Midwives Talk	The creation of an online video interview series showcasing nurses and midwives

Go to www.qni.org.uk/news-and-events/events/queens-nurse-annual-meeting-2021 to read all the case studies in full.

TalkToUs[©]

The QNI's Listening Service



The Queen's Nursing Institute (QNI) has launched a listening service, TalkToUs[©], to offer emotional support by phone to registered nurses working in the community.

The service is operated by trained listeners who are available for any nurses working in community or social care, including those supporting care homes, and nurses working with people who are homeless. TalkToUs is intended as a friendly ear for nurses who would like to talk to someone in complete confidence about any aspect of their work or personal life during the current pandemic.

How to contact us:

- ✦ To access TalkToUs, please email **TalkToUs@qni.org.uk** giving your first name, your phone number and a preferred date and time for a call. Call backs are usually made between 11am and 4pm Monday to Friday.

We aim to get back to you within 48 hours (72 hours at the weekend). This email inbox is only monitored during the working week. If you need to speak to someone urgently, please visit www.samaritans.org or call them on 116 123.

“ We are delighted to offer this listening service which gives community nurses a safe space to share their experiences and gain emotional support from our trained listeners.

Dr Crystal Oldman CBE, QNI Chief Executive



To contact TalkToUs, email:
TalkToUs@qni.org.uk

The Queen's Nursing Institute

www.qni.org.uk

Charity number: 213128



The QNI's Annual Conference
Healthcare in the Community



Building Back Fairer

This conference is free of charge, as a thank you for supporting your communities during a period of huge challenge and adversity.

11 - 15 October 2021 - online

SAVE THE DATE

Feedback from 2020 conference:
'A huge thank you for a very interesting day. Well organised and incredibly enjoyable.'

For more go to:
www.qni.org.uk

